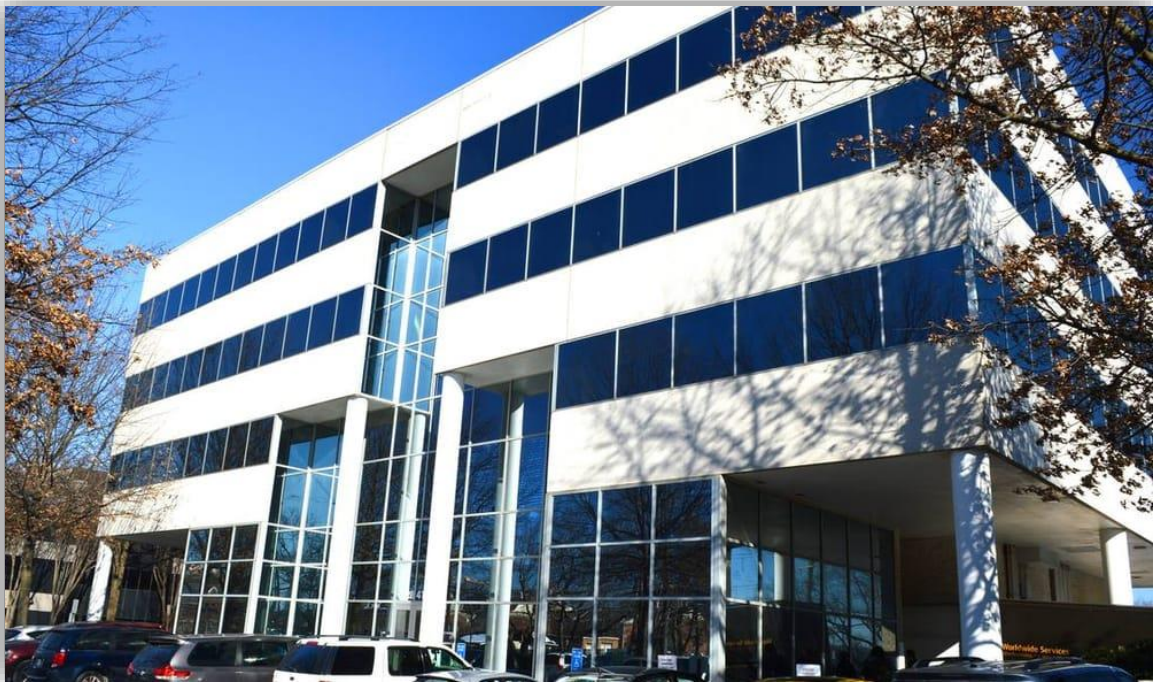




Welcome to Sleep and TMJ Therapy! We would like to help you make the most of your visit. Included is a list of local attractions, eateries, lodging, and travel options for your convenience. Please feel free to contact us with any questions or concerns. We look forward to meeting and working with you!



Office Information:

Address: 2841 Hartland Road Suite 301 Falls Church, VA 22043

Website: www.sleepandtmjtherapy.com

Office number: 1(703) 821-1103

Email: Office@sleepandTMJtherapy.com

Office Hours: M-F 8:00am-4:00pm

**Anything underlined can be clicked on and it will redirect you to the corresponding weblink. Enjoy!*

TRANSPORTATION

Local Airports:

Dulles International Airport

Airport code: IAD
1 Saarinen Cir, Dulles, VA 20166
Located 20.1 miles from our office.

Ronald Reagan National Airport

Airport Code: DCA
1 Aviation Circle, Washington, DC 20001
Located 19.3 miles from our office.

Baltimore Washington International Airport

Airport Code: BWI
7050 Friendship Rd, Baltimore, MD 21240
Located 50.4 miles from our office.

Train Stations:

Union Station (Train Station)

50 Massachusetts Ave NE Washington, DC 20002
www.amtrak.com

Local Transportation Services:

Dunn Loring Metro

2700 Gallows Rd Vienna, VA 22180

Yellow Cab Taxi

1(703) 534-1111

Vienna Taxi and Airport Service

1(703) 822-4750

Washington Dulles Taxi

1(703) 288-3331

Enterprise Rent-a-car

1592 Spring Hill Rd Vienna, VA 22182
1(703) 356-6370

Reston Express Taxi

1(703) 402-1137



(Dulles International Airport)



(Union Station Train Station)



(Yellow Cab)

TRANSPORTATION CONT...

Instead of a taxi, use UBER

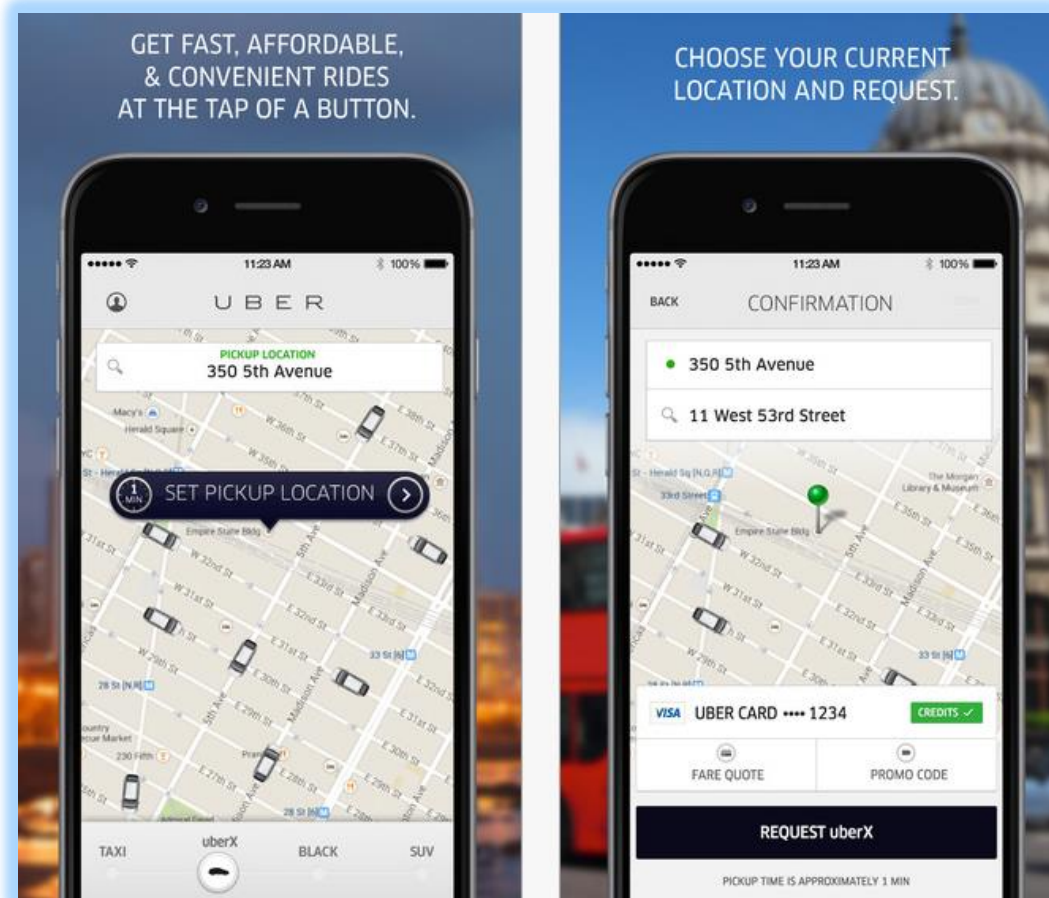
Request a ride using the app or website and get picked up within minutes.
On-demand service means no reservations, faster service, and **MUCH CHEAPER!**

How to use Uber:

1. Download the App on your smart phone called Uber or visit www.uber.com
2. Create an account and add your debit card to your account.
3. When you are ready to leave, type in your location and request an Uber driver.
4. Keep an eye on the map to see where your driver is.
(Your driver will also call you when he/she arrives.)
5. Either enter in your destination in the app or tell the driver.
6. Once you have reached your destination, the charge will be applied to your card.
7. (No tip, cash, or credit cards will be needed.)



Before your first ride, use the Promo code: Megs264 to get \$15 towards your first ride!



HOTELS

Courtyard Dunn Loring Fairfax

2722 Gallows Rd, Vienna, VA 22180
1(703) 573-9555

Hyatt House Falls Church/Merrifield

8296 Glass Alley Fairfax, Virginia, USA, 22031
1(571) 327-2277

Homewood Suites by Hilton

8130 Porter Road, Falls Church, Virginia, 22042
1(703) 560-6644

Residence Inn Fairfax Merrifield

8125 Gatehouse Rd, Falls Church, VA 22042
1(703) 573-5200

Extended Stay America

8281 Willow Oaks Corporate Dr, Fairfax, VA 22031
1(703) 204-0088

Budget Inn Falls Church

7155 Lee Highway Falls Church, VA 22046
1(703) 533-8600

Best Western

6633 Arlington Boulevard Falls Church, Virginia 22042
1(703)532-9000

Hilton Garden Inn

706 West Broad Street, Falls Church, Virginia, 22046
1(703) 237-8700

TownePlace Suites

205 Hillwood Ave, Falls Church, VA 22046
1(703)237-6172

Embassy Suites

8517 Leesburg Pike, Vienna, VA 22182
1(703) 883-0707

Comfort Inn

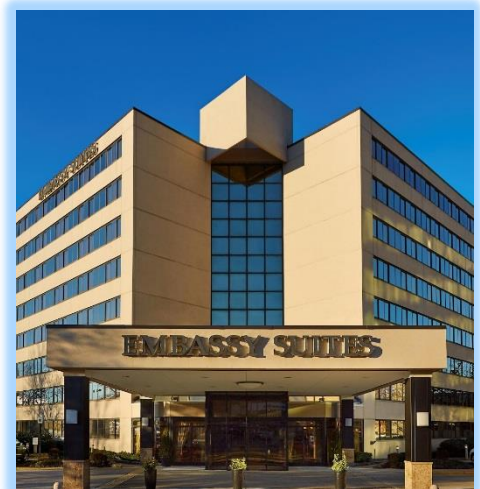
6111 Arlington Blvd, Falls Church, VA 22044
1(703) 534-9100



(Courtyard Dunn Loring Fairfax)



(Homewood Suites by Hilton)



(Embassy Suites)

** Hotels listed are no further than 6 miles from our office.*

ENTERTAINMENT

Tyson's Corner Shopping Center

1961 Chain Bridge Rd Ste 105, Mc Lean, VA 22102

Reston Zoo

1228 Hunter Mill Rd Vienna, VA 22182

1(703) 757-6222

Washington National Zoo

Connecticut Ave NW, Washington, DC 20008

Meadowlark Botanical Gardens

9750 Meadowlark Gardens Ct Vienna, VA 22182

1(703) 255-3631

Uncork'd (Painting and Beverages)

1834 Columbia Rd. 3rd Floor Washington, DC 20009

1(888) 317-1047

Woody's Golf Range

11801 Leesburg Pike Herndon, VA 20170

1(703) 430-8337

AMC Tyson's Corner (Movie Theater)

7850 Tysons Corner Center McLean, VA 22102

1(703) 734-6212

Tyson's Galleria (Shopping and Dining)

2001 International Drive McLean, VA 22102

1(703) 827-7730

Ultra-Zone Laser Tag

3447 Carlin Springs Rd Falls Church, VA 22041

1(703) 578-6000

Chuck E. Cheese

9404 Main St, Fairfax, VA 22031

1(703) 978-5755

Arlington Draft House

2903 Columbia Pike Arlington, VA 22204

1(703) 486-2345

Bowl America Website

9699 Fairfax Blvd, Fairfax, VA 22031

1(703) 273-7700



(Tysons Corner Shopping Center)



(Washington National Zoo)



(Arlington Draft House)

ENTERTAINMENT CONT...

National History Museum

10th St. & Constitution Ave., NW, Washington, D.C., 20560

Mosaic District (Shopping and Dining)

2905 District Ave, Fairfax, VA 22031

National Aquarium

Baltimore Inner Harbor, Baltimore, MD 21202

Top Golf

6625 S Van Dorn St Alexandria, VA 22315

1(703) 924-2600

Clemyjontri Park

6317 Georgetown Pike Mclean, VA 22101

1(703) 388-2807

iFLY Loudoun (Indoor Sky Diving)

20315 Commonwealth Center Drive Ashburn, VA 20315

1(571) 446-4359

National Air and Space Museum

Independence Ave. at 6th St SW Washington, DC 20560

1(202) 633-2214

National Portrait Gallery

8th and F St. NW Washington, DC 20560

National Museum of African American History

15th and Constitution Ave. NW Washington, DC 20560

National Museum of the American Indian

4th St. and Independence Ave. SW Washington, DC 20560

Renwick Gallery

1661 Pennsylvania Ave. NW Washington, DC 20560

Hirshhorn Museum and Sculpture Garden

Independence Ave. at 7th St. SW

Washington, DC 20560

George Washington's Mount Vernon

3200 Mount Vernon Memorial Highway,

Mount Vernon, VA 22121



(National History Museum)



(Clemyjontri Park)



(iFLY Indoor Sky Diving)

OTHER INFORMATION

Novant Health Imaging

8320 Old Courthouse Rd. Suite 130, Vienna VA 22182
Phone: 1(703)281-0213
Fax: (703)356-4602
Located 3.3 miles from our office.

Directions from I-495: Take exit 47-A for Tyson's Corner Route 7 West. At second light, make a left on Gallows Road. At second light, make a right on Old Courthouse Road. Turn Right into the building parking lot, 8320 Old Courthouse Road, Tycon One Building, Suite 130.

Directions from I-66/Curtis Memorial Pkwy West: Take exit 66B, take ramp to Leesburg Pike, turn left onto Gallows Road, turn Right into parking lot, 8320 Old Courthouse Road, Tycon One Building, Suite 130.

