

The Sophisticated
Drinker's Guide to
Dry January

Our
Washingtonians
of the Year

Tiffany Trump Is
Graduating—Will She Join
the Family Business?

WASHINGTONIAN

HIDDEN GEMS

An Insider's Guide to
93 Off-the-Beaten-Path
Things to See and Do

This big blue rooster has
a prominent perch in DC,
but do you know where it
is? Turn to page 60.

THE FACE OF **TMJ THERAPY**

Jeffrey L. Brown, DDS, Fellow AACFP

2841 Hartland Road, Suite 301, Falls Church, VA | 703.821.1103 | sleepandtmjtherapy.com

What makes Dr. Brown and his team so unique? They focus solely on treating TMJ, craniofacial and sleep apnea problems. This allows the team to excel at what they do best while providing the most current advancements in technology. Typical symptoms of TMJ dysfunction and sleep apnea include chronic headaches, migraines, snoring, ringing in the ears, facial pain, movement disorders, bite problems, and much more. Since these symptoms can be caused by birth, developmental factors, and trauma, the team

helps patients of all ages. Their expertise provides a thorough analysis of the underlying cause, so they can address the root of the problem. Through treatment the imbalances within the body are corrected which helps patients function, sleep, and live healthier lives. When not in the office, Dr. Brown is a sought-after speaker. He has lectured in Dubai, Seoul, London, Norway, Toronto and in the USA. It is his mission to spread the word about conservative, non-surgical, therapies so more people can find relief.